





MEETING VENUE:

Morrison Ave Bowling Club 30 Morrison Ave, Northcote

Meeting: First Tuesday of the month at 10.00 am

President	Linda Barnes	021 432 588	Committee	Paul Leftly	383 2248
Treasurer	Allan Guy	383 0760	Secretary	Helen Mills	027 2217222
Past President	Norma Porter	741 1654	Speakers	Pat Paton	379 6960
Membership	Gillian Fallow	352 6697	Membership	Siân Bliss	359 0057
Outings	Nigel Wombwell	021 1368228	Outings	Dianne Strang	021 2097925

Our speaker at the August meeting was Greta Bond from Age Concern Canterbury. She spoke about the services they provided, such as Elder Abuse and passing on service providers that have been vetted and police checked that can carry out home maintenance for over 65's. They run a number of courses such as a refresher course for mature drivers and a course "Life without a Car", as well as having volunteers who can help with different aspects such as IT.

Steady As You go is also a great program run by them to aid with Fall Prevention.





Age Concern Canterbury's website is www.ageconcerncan.co.nz where you can find out all kinds of information about what they do. Their phone number is 03 -366 0903 – should you wish to contact them about home maintenance providers – or if you have any concerns.

Tuesday 3rd Sept, 2024 – 10am - at the Morrison Ave Bowling Club, 30 Morrison Ave, Northcote

Mini Speaker: Norma Porter – Cape York Peninsula

Speaker: Carolyn Prebble – from ASB speaking on Elder Abuse in banking

Tuesday 10th September, 2024 – 11am

Columbus Coffee, Mitre 10, Papanui - Coffee and Chat

Tuesday 17th September, 2024 at 11.45am

Mitchelli's Café Rinato The Tannery 3 Garlands Rd Woolston



New bank account: **Papanui Rebus Club 03-0854-0067161-00** – Subs are \$40

<u>Tuesday 1st October – 10am - at the Morrison Ave Bowling Club, 30 Morrison Ave, Northcote</u>

Mini Speaker: Alan Marshall – My years in Civil Defence

Speaker: Gary Holden – My years in the Police Force in Northern Territory, Australia and Canada

Tuesday 8th October, 2024 – 11am

Columbus Coffee, Mitre 10, Papanui - Coffee and Chat

Tuesday 15th October, 2024 at 11.45am

Tavern Harewood Harewood Road Bishopdale



Please ring or text Nigel Wombwell on 021 136 8228 or Dianne Strang on 021 209 7925 if you want to be added to an outing or if you are subsequently unable to attend.

On Tuesday 20th Aug, 29 members enjoyed each other's company and the Super Gold Card discounts at local (Redwood) venue, Coasters Tavern for a long lunch at two long tables with reasonably priced meals.











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