REBUS CLUB NEWS



October 2024

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Only fifty-five days to Christmas, and I have done absolutely nothing in the way of preparation, I cannot believe how fast this year has flown by. Of course, I have an excuse, don't we all? I broke my foot and was in a moonboot for nearly two months, then last week succumbed to the cough/cold bug that seems to be doing the rounds. But all of a sudden, I realise that I have to get my act into gear – no rest for the wicked! I am not normally a *Last-Minute Charlie*.

During the month, I sent a gentle letter of encouragement, to some of the clubs we don't hear from very often, and guess what, several of them came up with an interesting article for Rebus Club News, included in this edition. You know who you are – and thank you again. People are doing interesting things out there, why not tell us **all** about them?

Do you remember reading about the red socks worn by the Rebus Club of Gulf Harbour for a couple of months in support of Team New Zealand? Well, the Gulf Harbour magic worked, didn't it? As a nation we are all so proud of Team NZ, and their efforts to bring the Auld Mug home. All our athletes punch well above their weight. We got the Americas Cup sewn up, the next challenge is the American Election, and that's a different kettle of fish altogether. By the November edition of Rebus Club News, we should know the result (and I am not wearing a red cap).

IMPORTANT! FROM REBUS NZ INC. TREASURER.

The sum of \$100 has been paid to the Rebus NZ Inc. bank account, in payment for 3 black Rebus caps, and 3 bucket hats. Apart from the word 'Probus' there is no info to identify which club has made the payment, which should not be made to our account. Please contact Graeme McIntosh, Administrator, if you have made the payment.

So enough from me, let's get down to business, your business, and all the news from around New Zealand.

REBUS CLUB OF RIVERSIDE HAMILTON



Last month I was pleased to present a Certificate of Appreciation to **Graeme Stubbs.** Ever since I have been a member of Riverside Rebus Club, Graeme has been there setting up the sound and visual equipment for each meeting. Thank you, Graeme! (Left: Graeme.)

Last month, **The Manukau Harbour Cruise** was a great success by all accounts. A lot to making these trips so enjoyable. I hope

of organising goes into making these trips so enjoyable. I hope members let Dorothy know how much they appreciate it.



Steve O'Sullivan, Presidential Scribe.

TAUPO MOANA REBUS CLUB



New members, Judy and John Wogan were inducted by Peter and warmly welcomed by all present.

Car Rally: 36 budding Rally participants lined up for our annual Car Rally on Wednesday 18th September. There were 44 questions for the teams to find answers for. Moving on through Reparoa and on to Rotorua Highway, most folks were beginning to wonder where their



lunch spot was going to be. Finally, all found their way to the good old **Waiotapu Tavern**, where members had a lovely pre-ordered lunch. A big thank you to Tina and Ian for organising this very successful rally. It was a lovely sunny morning, and the rally took us through some fertile farmlands, past some beautiful spring blossoms and interesting landmarks. Well done to all who took part. *Shona Harwood.*

REBUS CLUB OF FEILDING



Our September Speaker was **Piki Fairburn** who has worked at the **Coach House Museum** for 8 years. The **Manawatu Society for the Preservation of Horse Drawn Vehicles** was established 1964-1999. **The Historic Vehicle collection Trust** was set up in 1998, and Bowen St was purchased. In 2002 renamed The Coach House Museum, they moved to South St premises in May 2012. That was a huge effort by volunteers and a sight to see with wagons being pushed along the street from the old premises. The building also houses the **Feilding & District Community Archive**, which is humidity and temperature controlled, run by volunteers.

To succeed in life, you need three things: a wishbone, a backbone, and a funny bone. Reba McEntire

REBUS WAIHEKE ISLAND

Mini Speaker: Karen Saynor spoke about working with Fisheries Research in the 1970s – on the High Seas and Overseas. Growing up Karen had been attracted to the outdoors and the ocean. She obtained a diploma in biology and biochemistry and then in 1976 joined the Fisheries as a technician. Karen learnt to dive in Wellington Harbour and got her scuba diving certificate, also diving in kelp forests. Soon after Karen left in 1979 the Fisheries merged with NIWA.

Main Speaker: Corinne Yurisich who runs **Stronger for Longer – Exercise 4 Longevity**. She came to New Zealand from France in 1995 and married a New Zealander. Corinne first spoke about muscles and aging. We have 3 types of muscles, smooth, cardiac and skeletal, skeletal being the largest at 40%. If you exercise in your 70s your muscles can be as good as when you were in your 40s. If sedentary, fat eats into the muscle. After an operation it is important to get moving and not rest. Resistance training is very important, it is never too late to build muscle mass. However busy one is in the house and garden one should also exercise, especially resistance training for lean muscle mass.

Tania Sweet, Newsletter Editor.

RED BEACH LADIES' REBUS CLUB

Last month's **Guest Speaker**, **Willie Iosia**, delighted our members with stories of his years in the NZ Police Force and his inspiring work with Blue Light NZ. This month members won't want to miss hearing **Iocal lawyer Richard Worker** who is our guest speaker.

Ten of our ladies thoroughly enjoyed a recent outing to the movie "Thelma" followed by lunch.

This loaded Trading Table earned the club well over \$100.



Bobbie Wakenell, Newsletter Editor.

THAMES BONANZA REBUS CLUB

Michele Hinton from the Fire Safety Service gave us an amazing talk and many tips on fire safety precautions. e.g. 1. Never sleep with an electric blanket on. 2. Don't overload multiple points and don't include heavy items like Fridges and washing machines. 3. Always lay multiple point boards on their side. 4. Regularly dust points with vacuum cleaner. 5. Always kept Heaters at least a metre clear of everything. 6. Clean lint in Dryers regularly. 7. Cooking Fire: Place lid or plastic chopping board on to starve the fire of oxygen- never use water.

Karen Donaldson gave a wonderful member's talk on her home town, Waiuku, as it was in her growing up years. The
old Hotel in the main street has been there since 1853.Murray Newby, Newsletter Editor.

The past is gone. The future unknown. But today is a gift – that's why it's called the present. *Carpe diem* - Seize the day.

REBUS CLUB OF GULF HARBOUR



Our October meeting was busy and most enjoyable. It was our **5th Birthday**, and a special morning tea was provided by the Committee, complete with birthday cake.

Guest Speaker was Wendy Hampton, a lawyer who specialises in **Estate Planning**, recently retired. Wendy's talk was most informative, giving real examples of unusual, and unacceptable requests/bequests. She has a very useful booklet on estate planning, and is happy to talk to groups like ours.



Graeme and Jean McIntosh were both awarded Life

Membership for "*outstanding service to the club*", presented by **President Ken Daniels**. They were instrumental in the formation of our club, and serve on the Rebus NZ Inc. Board.

WAIKANAE MILLENNIUM REBUS CLUB INC.

We were entertained by **Yvonne Fraser** on her keyboard. She played three tunes, and it was super to hear the beautiful sounds of the key board and Yvonnes ability to make it sing.

Our **Main Speaker was Lorraine Wootton** who gave us a lively history of her family in the **Reikorangi Valley**. It took me back to my upbringing and what it was like to grow up in a large family on a small farm. Her stories were wonderful, and her photos highlighted many of the special memories she was able to share with us. Thank you both for an enlightening and entertaining meeting. *David Goggin, Newsletter Editor.*



WEST AUCKLAND MEN'S REBUS CLUB

Guest Speaker, Allan Williamson: "Journey down the Mississippi", a paddle steamer adventure.



In 2018, Joanne and I embarked on an unforgettable seven-week journey through the US and Canada. The highlight of our trip was a two-week paddle steamer cruise down the Mississippi River. Built in 1995 as a replica of the historic paddle steamers, the **American Queen** was designed specifically for cruising the Mississippi and its tributaries. With a capacity of around 430 passengers and a crew of about 170, this magnificent vessel stretches approximately 420 feet long and 90 feet wide. Despite its size, it has a shallow draft of only seven or eight feet, perfect for navigating the often-shallow

waters of the Mississippi. Our cabin, located on Deck 4, had both exterior access to a deck and interior access to a corridor. It was about 150 square feet, just the right size for two people. *Vince Middeldorp, Secretary.*

REBUS CLUB OF OTUMOETAI

It's a bit late for apologies but we have yet to hear from our speaker for last month who didn't manage to make it, we just hope her health is OK and let's face it these things **happen**, and it's only the 2nd time in over 20 years since the last non-appearance. That was also a lady because her motorbike ran out of battery power in Te Puna. So, the moral of that story was "keep away from Te Puna"!

This month we welcome **Mark Sanders from NZ Police** speaking on **"Fraud and Scams"** so if any of you happen to have met him "in business" don't forget to send in your apology! (Desperate) Don Sewell, Editor.

The older I get, the earlier it gets late.

REBUS CLUB OF FOXTON







What a fun Foxton Rebus Mystery Car Rally!! As part of the day, they ended up at the Bulls Museum, where Joan Brannigan discovered an old piece of music showing a picture of her uncle who was an orchestral conductor. Jill Prior entertained the Foxton Car Rally crew on the old piano at the Bulls Museum. *Dereley Barry, Newsletter Editor.*

REBUS CLUB OF WANGANUI



We had a bus trip around the city, taking in the local sights, followed by Putting, and lunch at **Castlecliffe Golf Club.**

Paerau Taylor, Newsletter Editor.



MATAMATA REBUS CLUB

Fran McKay spoke to us about her time as a nurse on **Baffin Island, near Greenland**, with the Inuit people (Eskimo). She gave many instances of her experiences in a two-nurse station with no doctor – delivering babies, extracting teeth, and sometimes having patients in her own living quarters. At the end of the talk she dressed Gayle in clothing she would wear to go outside. This often meant crossing the aircraft runway which ran down the middle of the village. *Gayle Beattie.*



HASTINGS REBUS CLUB

At our last meeting **Kerri Wabey** from the **Acorn Project** gave us an outline of the support they give to families w here someone is suffering from cancer. Some of her stories were so sad quite a few tears were noticed. Kerri and her partner have given so much to those children needing help accepting this very difficult disease, not only in one or more parents, but in some instances, in themselves, and learning to live with it.

We also enjoyed hearing from **Jeanette and Murray Smales** whose life has been devoted to education and how they worked in some quite remote parts of the country as well as in the Manawatu. Their focus seemed to me to be on fitting in with local communities and offering teaching to them in a way that suited each community. (Right) 21 members attended the gathering at **Off the Track**. *Rodger Pilbrow, President*.



COMBINED REBUS CLUB OF TE MATA



Trip to Hawkes Bay Airport, Napier, to visit the "**New Zealand Air Ambulance Service**" establishment. Approximately 30 members made the trip, car-pooling for transport to keep the cost down. We had the opportunity to go into the hangars where the aircraft are generally under maintenance, and were allowed to go inside some of the air ambulance aircraft to see how they were fitted out etc. After the visit, which lasted over an hour, it was coffee in the main terminal of the airport. A good trip enjoyed by all, many thanks to Air Ambulance Services. *Frank Shelmerdine, Treasurer.*

THE LADIES' REBUS CLUB OF WARKWORTH

Terrena Griffiths is the NZ National Co-ordinator of the **Chip Packet Project (CPPNZ)**, a charity turning out 12 different products which are given to vulnerable people in the community.

We were all inspired to start collecting our chip packets and those of our friends and grandchildren, and using a Foil Fusion Device (FFD) (Iron) to fuse them together. Just five bags make one strip, five strips make a much-needed thermal blanket. It takes 80 years for a chip packet (or any foil) to decompose in landfill.

To get started, cut open the chip packets, wash them in soapy water and dry them. This takes just a couple of minutes. To fuse the packets together you need just three things - FFD, baking paper and a **wooden** bread board. Members were encouraged to bring their packets and/or strips to every REBUS meeting so they can be passed on to CPPNZ volunteers. Photo: President Pam Chapman with Terrena Griffiths. Photos and text; Maryanne Dransfield, member.



REBUS CLUB OF PALMERSTON NORTH

Our October **Club Speaker Cherrill Suckling** immersed us in the beginnings of a new Palmerston North suburb in the 1960s, several of the street names honouring prominent members of the Maori Battalion of WW2. Cherrill's house was built by her parents in one of the new streets. There was controversy over the names chosen, but this development contributed lastingly to local history.

Sustainable energy gets much attention these days. Club member Allan Inglis spoke about his time working in the

power industry and gave us insights into various types of turbine at the wind farms on the ranges of the Manawatu-Tararua region. Getting machinery and equipment into this difficult terrain is a huge and very costly process. The towers are serviced by men who can abseil and work at great heights.



Two enjoyable recent outings were very different. The cherry blossoms at Kaitoke, Upper Hutt, were magnificent and well worth the travel to see them. Much closer to PN, The Woolshed's seven heritage houses at Sanson took us through about 120 years of changing NZ lifestyles. An absorbing one-and-a-half hours of audio-guided domestic history. *Dean Halford, Newsletter Editor.*



Sometimes, someone unexpected comes into your life out of nowhere, makes your heart race, and changes you forever. We call those people cops.

I'm getting stronger with age. I can now lift \$100 worth of groceries with one hand.

HOKOWHITU REBUS CLUB INC.

Guest Speaker at our October Meeting was **Ann Nuku, Manager of AFFCO** meat plant in Feilding. Ann was accompanied by her deputy, Carl, who showed us visuals of all parts of the meat plant. Ann told us of the issues associated with coping with fluctuating needs for supply and demand of the Plant's services. I was impressed that AFFCO train their own future managers, and also the efforts they make to be environmentally responsible.

Shona Jorgensen, Secretary.

REBUS CLUB OF MT HOBSON

A dozen budding Asian chefs benefited recently from a useful 90 minutes with **Aunty Mei in Remuera**. It is reported that Aunty Mei is not concerned about any competitive commercial enterprise arising from this most pleasant encounter. At least one participant prefers to purchase such food rather than make it!

Pat Alley, Newsletter Editor.

CAMBRIDGE MEN'S REBUS CLUB

A solid 64 members enjoyed the October meeting, at which 3 new members were welcomed to the Club. The **Guest Speaker** was **Detective Superintendent (Retired) Gary Smith** - Senior Liaison UK & Europe with NZ Police.

Last month members and guests were hosted at the **J Swap** facility in Matamata. As a leading NZ based company with a multi-generational legacy, they offer a wide range of services spanning civil construction, aggregate supply, bulk cartage, storage and distribution, traffic management, and forestry construction. *Nigel Salter.*

REBUS CLUB OF UPPER HUTT

Three new members were inducted into the club at the October meeting; **Frances Williams, Win Lewer, Ann Marie Bailey. Welcome to our club.**

The **Guest Speaker was Bob Maysmor** who spent most of his working life in the museum profession. He is the author of nearly twenty books and is an award-winning travel writer/photographer. With his wife, Alison, he has travelled extensively to many remote and dangerous areas. The title of his talk was "**A Passion for Travel**." *Alex Attewell, Editor*.



OCTOBER MEETING ACTIVITY: Club members shared a wide variety of personal 'treasures' and the memories and stories that went with them. *Margie Comrie, Newsletter Editor.*













SOUTH WAIRARAPA REBUS CLUB

Our member **David Capper, from Carterton**, was, in 1963, one of the first pair of trampers to complete the 80 km Tararua Traverse in less than 48 hours. The traverse is known in the tramping world as 'the Schormann—Kaitoke (S–K) Traverse' as it originally started from the end of Schormann Road and ended in Kaitoke. Currently, the traverse starts from the end of Putara Road, west of Eketahuna but the trip retains its "S-K" sobriquet. The total of the changes in altitude on the traverse, the sums of the ups and downs, is equivalent to two return trips from base camp to the summit of Mt Everest—not a casual weekend stroll!

Recently, to celebrate the 60th anniversary of David Capper's first 48-hour traverse achievement, **Andy Carruthers** from Wellington made a 27-minute documentary, "Tararua S-K, 60 years in the making", which won the prestigious Best Human Interest Film award at the 2024 Toronto Documentary Feature & Short Film Festival. Since August it has been on Air New Zealand's inflight entertainment. Now over 90 years old, David was a star in the film. At our September meeting, in his Member's Address, David talked about his experience both of doing it in 48 hours first, and of his unexpected red-carpet treatment at the NZ premiere. David Woodhams, Newsletter Editor.

REBUS CLUB OF HIBISCUS COAST

A mixed bunch of fifteen met for a quick coffee before driving around the corner into the factory tour car park. Steph, the tour guide, greeted the group and gave a quick briefing before entering the factory to an upper-level corridor area that overlooked several parts of the factory. Most of the group had never seen as many stainless-steel tanks and as much SS pipework, all very neat and shiny clean. The plant is very automated with just the odd person overseeing the production of ice cream in the various tanks, mixers, homogenisers and heat exchangers. For



some of the group the hardest part of the tour was deciding which luxury ice cream to have at the end of the proceedings. Steph was an excellent tour guide, who delivered her talks with humour and enthusiasm making the tour very special.

The Ramblers, initiated by the late Peter Odendaal, continue to ramble every Monday. *Earl Brookbanks, Editor.*

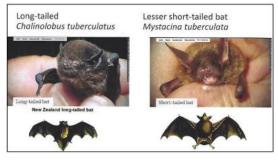
REBUS CLUB OF KHANDALLAH



Visit to KiwiRail Hutt Workshops, 24 September 2024. Twenty-two club members visited the KiwiRail Hutt workshops which opened in 1930 so have been going for 94 years. The Hutt Workshops legacy includes the design, building and maintenance of the fleet of steam engines which were the backbone of the NZ rail system from the late 1930s to the 1960s. This included the fleet of large KA locos which were used on the Paekakariki to Te Awamutu stretch of the main trunk line. The workshops have a staff of around 280 with 23 apprentices. They service locomotives, carriages and wagons for KiwiRail. The

Regional Council maintains the Wellington commuter units, but the Hutt workshops service their bogies and wheels. The workshops are currently in the process of a \$30 million major upgrade of equipment. **Dave Hunt** is a semi-retired **Technical Specialist for the Department of Conservation.** He has worked in landscapes throughout New Zealand, and talked to us about his recent fieldwork surveying bats in Pureoroa Forest.

Sharon Major, Newsletter Editor.



AVONDALE LADIES' REBUS CLUB

Our September Meeting was attended by 27 members who were dressed for the theme of the day "Welcome to Spring". Five members tendered their apologies. A new member, Helen Caldwell was welcomed .

Fina and Shirley cut the birthday cake to celebrate our **33rd birthday**. The formalities over, we were then ready to enjoy a mighty fine morning tea, followed by a very slickly presented presentation by Jan, what an interesting life with so many accomplishments. *Barbara Douglas, Newsletter Editor.*

WOMEN'S REBUS CLUB OF WAIKANAE



Newsletter Editor.

PAPANUI REBUS CLUB Our main speaker was Gary Holden who entertained with many interesting stories about his unusual recruitment to, and thirty years' service with, the Northern Territory Police in Australia. He shared how incredibly hot Darwin was to work in, and about his experiences working at remote one-man police stations in Australia's vast Northern Territory. He also spoke about the cultural differences he experienced when working with the indigenous aboriginal population.

(and a can opener).

On the 15th of October 29 members braved a cold spring day to enjoy lunch together under a large awning, and a lot of heaters, at the Tavern Harewood in Bishopdale. The lunch menu had half a dozen tasty options, including their specialty, the lamb shank pie.

Linda Barnes, President.

Mary Paddock,

KOWHAI REBUS CLUB OF BETHLEHEM



Goldfields Heritage Railway.

Speaker, Renee Corlett took a serious topic, coping in an emergency, and made it both informative and entertaining. After showing us the nearby fault lines Renee spoke mainly about earthquakes and the possibility of being without water, sewage, electricity or even having to evacuate. Grab bags with essential items like extra clothing, food, medicines and water are a great idea. She pointed out the folly of, for instance, having multiple cans of tomatoes if you don't like them, and suggested a mixture of proteins, carbs and vegetables

> 9 members caught the express from Waihi to Waikino last Sunday where a very enjoyable lunch was had before catching the train back to Waihi. I use the word "express" because there were no stops between Waihi and Waikino rather than the speed of the train, which probably did a max speed of 20kph. Chris Neilson.

> > Marie Mabey, Newsletter Editor.

COMBINED REBUS CLUB OF PARAPARAUMU BEACH INC.



Shirley Jarden opened our eyes to the role of the modern celebrant. She took us on a trip of being a modern-day celebrant. She officiates at more than just weddings. She also does funerals and generally acts as a counsellor if required.

Eighteen members with a sweet tooth



headed to the Kako chocolate factory in Raumati where they were met by Sarah Abaniel, Owner /Director, to learn the secrets of chocolate making. Kako chocolates are described as making exceptional Artisan chocolate collections for every occasion. Sarah spent an hour with the group taking them through the process and gave out samples for tasting. Some members availed themselves of the shop and purchased their own supplies. Onward to lunch at Sunday Cantina in Raumati where all enjoyed lunch (hopefully not spoiled by chocolate sampling). Steve Hutchison, Bulletin Editor.

REBUS CLUB OF HAMILTON



Celebrating 30 years' membership of our Club. L-R: June Boswell, Helen Grant, Anne Burroughs, Lynley Woods.

Our veterans cutting the 30-year Birthday Cake. June, Helen, Anne and Lynley.

Kath Kenrick, Bulletin Editor.

REBUS CLUB CAMBRIDGE

Coffee Club was well attended, as usual, last month. It is a great chance for members to get together over a cuppa.

30

YEARS



many of us. Like the old plug in telephone exchange.

25 members visited the **Cambridge Museum** last month. Our guide was **Elizabeth Harvey** whose knowledge of Cambridge was most impressive. She was able to answer everyone's questions. The museum is a very interesting place to visit and contains all sorts of memorabilia which seemed to provoke memories for *Steve O'Sullivan, Newsletter Editor.*

And that is all I have for you this month – what a bumper edition – 32 contributions, well over half the total number of affiliated clubs. Thank you so much. You may have noticed a few new additional names in this edition. I sent an email to some of the clubs we hardly ever hear from, and as a result, received six contributions. Please keep up the good work, all of you, because variety is the spice of life!

<u>Vacancies on the Rebus Board</u>. As I mentioned a couple of months ago, and also in Rebus Chronicles, Sue Eckworth and I will be stepping down from the Rebus NZ Inc. Board when our terms expire at the next AGM in May 2025. With over 60% of the Rebus membership being female, it is important that women are represented on the Board to put the female point of view on subjects under discussion. We are not looking for feminine activists, but sometimes men see things differently. When Rebus was first started in 2016, a couple of women-only clubs said they would not join Rebus until there were women on the Board. That was soon rectified, and to date, there have been six female Board members, looking after your interests. But that is about to come to an end next May. Board membership is not an onerous task. There are about 5 Board Meetings a year, held by Zoom, which last about 1.5 hours. That's all.

If you are a President, perhaps you have a possible candidate in mind, or, maybe reading this newsletter you feel that the time is right to do something positive, and give back to the organisation that gently cares for your own club. 1.5 hours, five times a year, is nothing, is it? If you have any questions, give me a call for a chat: Ph: 09 424 7115. I look forward to hearing from you, till then, stay safe.



Jean Editor, Rebus Club News.